

IC Best Setups

Opening Range Breakout with Konsole confluence — long and short

Draft for review — 28 September 2026

1. The setup

Every entry in this document is the same trade. An opening range is defined at the session open, price breaks out of it in one direction, and the Konsole confirms the break is backed by real participation. The chart is read second: the Konsole says which symbol is worth opening, the chart says where entry, stop and target sit.

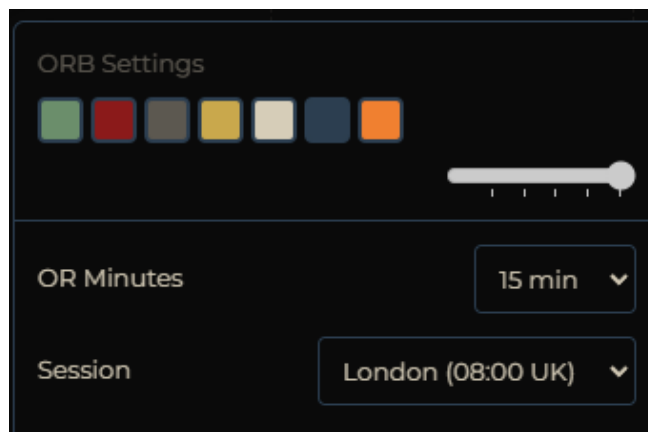
How to read the Konsole tables

Each setup carries a Konsole reading table. The Source column separates what was captured from what the setup requires.

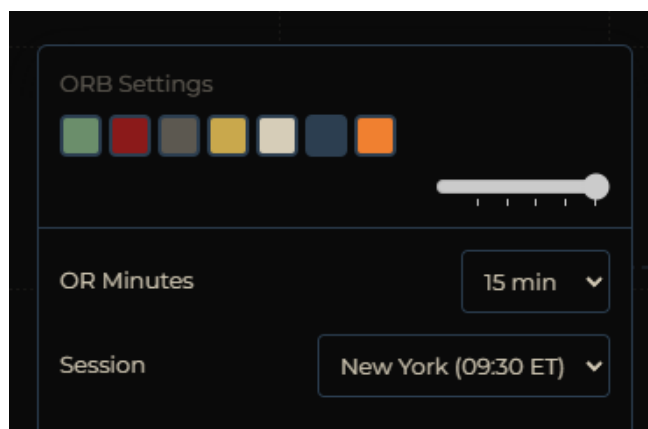
Source	Meaning
Observed	Taken from the Konsole capture for that trade. A hard number.
Required	Not captured at the time. This is the reading the setup requires — the value the row must have shown for the trade to qualify under the rules in this section. Confirm against the scan before treating it as a record.

Opening range

The range is the first 15 minutes of the session. Two sessions are used.



ORB settings — London, 15 minute opening range (primary)



ORB settings — New York, 15 minute opening range (secondary)

- **London (08:00 UK)** — the primary session. Most setups below are London breaks.
- **New York (09:30 ET)** — the secondary session, used when London produced nothing.
- **15 minute OR** — three 5-minute candles. The high and low of that window are the range.

Direction rules

- **Long** — break above the opening range high, into an untested level or through one already taken.
- **Short** — only when the name is stretched. A short is not taken because price is falling; it is taken because price has run far enough from its averages that the move is extended, and the range breaks down from there.

Hard filters

These are not preferences. A setup failing one of them is not taken.

Filter	Rule	Why
Market cap (shorts)	Large caps only. No low-cap shorts.	A low cap can be squeezed on a fraction of the volume that would move a large cap. The risk is not the chart, it is the book.
4H LED (shorts)	Orange at minimum.	Orange is the outer tip: the EMA 50/200 spread is at least 3 standard deviations. That is the stretch the short is paid for.
1H LED (shorts)	Orange preferred.	Both timeframes orange is the strongest read. 4H alone is acceptable; 4H plus 1H is the A setup.
Session	London opening range first.	The London break is the one these setups were collected from.

The four confluences

#	Confluence	What it confirms
1	ORB direction break	Price closes outside the 15-minute opening range and holds. The direction of that break is the direction of the trade.
2	Level taken	The break clears a level that matters — support or resistance, or the previous day high or low. A break into open air with no level behind it is weaker.
3	C+ signal or better	A tier means RVOL and 1H RVOL both cleared their thresholds, so the break has participation behind it rather than one print. C+ is the floor; B+ and A+ are stronger.
4	1H and 4H LED agreement	Both LEDs lit on the same side — both extreme bearish, or both extreme bullish. Disagreement between the two timeframes is a reason to pass.

Reading the LED agreement

The 1h and 4H columns each show a strip of nine LEDs. One is lit. The further from centre, the further the EMA 50 has travelled from the EMA 200 on that timeframe, in standard deviations. Green is above, red is below, orange at either end is extreme.



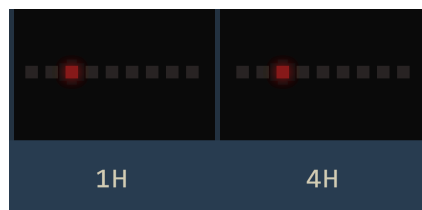
Centre on both — no stretch, no setup



Both green — bull agreement. Supports a long break.



Both orange, bull side — extreme stretch. This is the short setup: the move is extended and a break down out of the range is the entry.



Both red — bear agreement. Supports a short break with the trend.



Both orange, bear side — stretched downward. A short here is late; a long is a reversal trade, not a breakout.

- **Extreme bullish (both orange, bull side)** — the name is stretched upward. This validates a SHORT, because the move is already extended. It does not validate a fresh long.
- **Extreme bearish (both orange, bear side)** — stretched downward. A short here is late; a long is a reversal trade, not a breakout.
- **Both green or both red, not at the tip** — trend agreement without extension. The cleanest state for a breakout in the direction of the LEDs.

Where the Konsole comes in

The scan is run first. Rows carrying a tier, with RVOL and 1H RVOL both elevated, are the candidates. Only then is the chart opened.

M	TICKER	★	TIER	MC	EWMA	24H TURNOVER	RVOL	1H RVOL
C	MET	☆	B+	192m	0.42%	0.06	1.54x	2.69x
C	KMNO	☆	B+	271m	0.38%	0.06	2.06x	3.17x
C	NMR	☆	B+	72.7m	0.71%	0.06	4.82x	10.03x
C	JASHY	☆	B+	231m	0.45%	0.11	3.01x	7.41x
C	QNT	☆	B+	2B	1.07%	0.70	34.33x	34.64x
C	POL	☆		1.3B	0.20%	0.01	2.75x	2.47x
C	JUP	☆		1.1B	0.37%	0.02	26.42x	5.04x
C	YFI	☆		89.2m	0.17%	0.02	0.83x	3.80x

Konsole scan — tiered rows with RVOL and 1H RVOL. QNT at 34.33x / 34.64x is the outlier on this pass.

IC Konsole

Last scan 22:10

TOP

Watchlist

TOP CMC

TradFi

▶

Memo

PIN

SYMBOL				MIN	MIN	MIN	MIN	MIN	BANK HOLIDAY		
				100		0	1	2	AU	*****	*****
M	TICKER	★	TIER	MC	EWMA	24H TURNOVER	RVOL	1H RVOL	(R)	1H	4H
C	MET	☆	B+	192m	0.42%	0.06	1.54x	2.69x	+0.27	*****	*****
C	KMNO	☆	B+	271m	0.38%	0.06	2.06x	3.17x	+0.20	*****	*****
C	NMR	☆	B+	72.7m	0.71%	0.06	4.82x	10.03x	+0.19	*****	*****
C	JASHY	☆	B+	231m	0.45%	0.11	3.01x	7.41x	+0.13	*****	*****
C	QNT	☆	B+	2B	1.07%	0.70	34.33x	34.64x	+0.07	*****	*****
C	POL	☆		1.3B	0.20%	0.01	2.75x	2.47x	+0.08	*****	*****

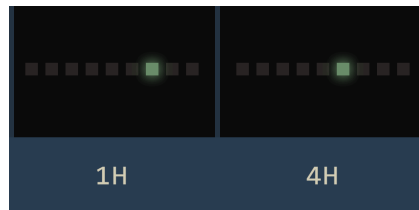
The same scan with (R), 1h and 4H visible. This capture is from later in the move, after QNT had already run — both strips have reached the orange tip. At the entry the strips were still green; see the QNTUSDT long below.

2. Setups

ENAUUSD Long setup

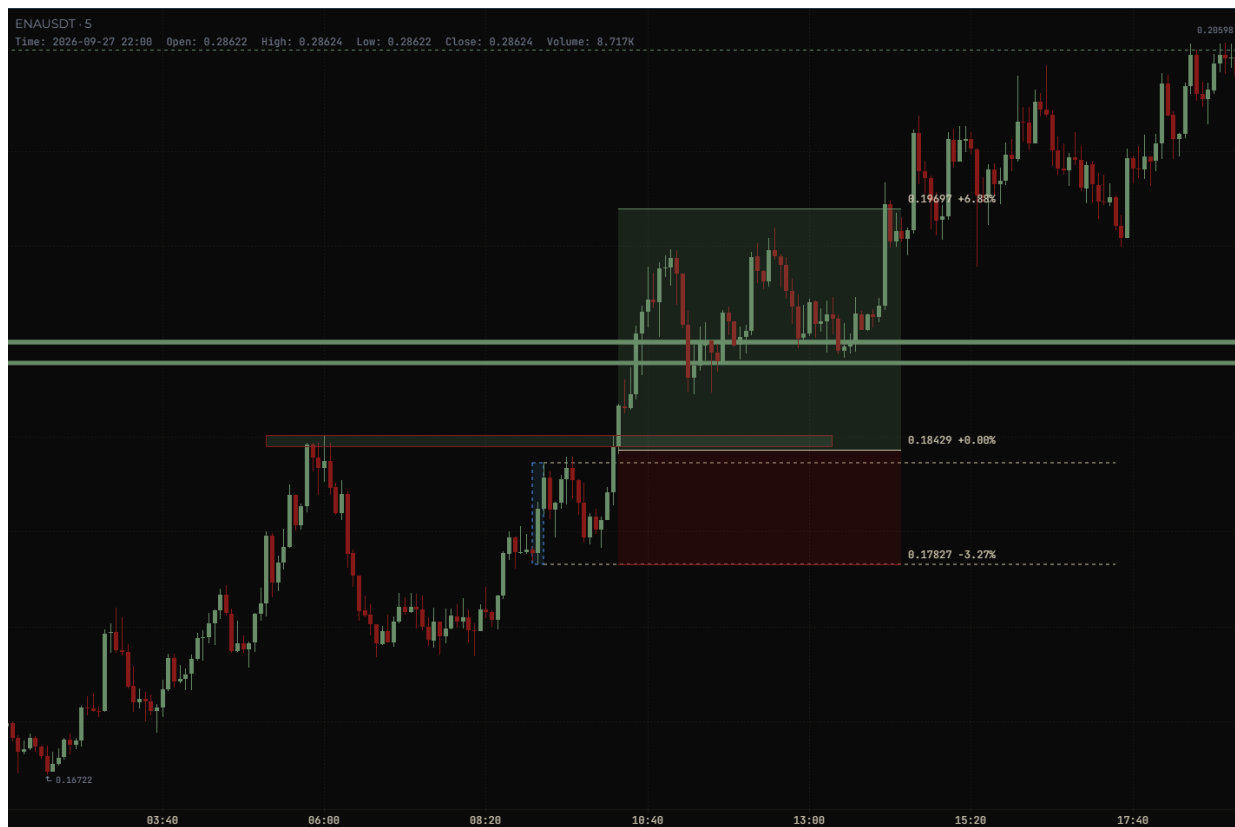
London opening range, 15 minutes. Price traded inside the range through the first hour, then broke the range high and took the resistance that had capped it since the 06:00 swing. The break held and did not return into the range.

Konsole field	Reading	Source
Tier	B+ — the break needs participation, not a single print	<i>Required</i>
RVOL	Above 1.5x and leading BTC by 1.0 or more (gold fill)	<i>Required</i>
1H RVOL	Above 2.0x — the hour is carrying the move, not one candle	<i>Required</i>
Market cap	Mid cap. No cap floor applies to longs.	Observed
1H / 4H LED	Both green, off the tip — trend agreement with room left	<i>Required</i>
(R) to BTC	Low. A break that is BTC moving the whole market is a weaker edge.	<i>Required</i>



ENAUUSD — 1H two steps out, 4H one. Bull agreement, no extension.

Confluence	This setup
1. ORB direction break	Break above the London OR high, held on the retest.
2. Level taken	Resistance at 0.18429 taken — the cap for the previous three hours.
3. C+ signal or better	B+ required. Below C+ the break is not taken.
4. 1H / 4H LED agreement	Both bull, off the tip. Room left before the move is extended.
Verdict	4 of 4. Long.



ENAUSD 5m — opening range in blue, break above 0.18429, first target 0.19697 (+6.88%). Stop under the range low at 0.17827 (−3.27%).



ENAUSD 5m, held — the extension carried +11.47% from entry before the first real pullback.

- **Entry** — on the close of the candle that breaks the range high.

- **Stop** — below the opening range low (0.17827, -3.27%).
- **First target** — 0.19697, +6.88%. Roughly 2R.
- **Management** — the extension to +11.47% only exists if the first target is not treated as the exit. Partial at 2R, trail the rest under the 5m structure.

ENAUSET Long setup — second example

Same symbol, different day. A tighter range and a smaller move, shown because it is the more common version of this trade. The break cleared 0.21831 and ran to 0.22467 (+2.92%), extending to +4.22% before the structure broke down.

Konsole field	Reading	Source
Tier	C+ — the floor. A smaller move on a thinner tier.	<i>Required</i>
RVOL	Above 1.0x and above 1H RVOL — the C+ condition	<i>Required</i>
1H RVOL	Above 1.5x	<i>Required</i>
1H / 4H LED	1H one step out, 4H at centre — earliest valid state	<i>Required</i>



ENAUSET (2) — 1H one step out, 4H still at centre. The earliest valid state, and the smallest move.



ENAU5DT 5m — the ordinary version. Stop at 0.21349 (−2.21%), first target +2.92%.

Why this one is smaller.

A C+ on a tighter range produces a smaller move. The setup is the same shape; the tier is the size of it. This is the trade that funds the month, not the one that makes it.

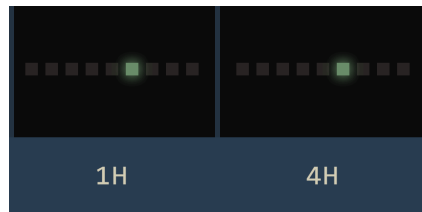
BTCUSDT Long setup

The large-cap version, and the one exception to the tier rule. The range formed on the London open, price broke the high, and the move accelerated through 82,284 on a single expansion candle.

Konsole field	Reading	Source
Tier	None. BTC turnover against a 1691B market cap rarely clears the thresholds.	Observed
RVOL	1.1x on the reference scan	Observed
1H RVOL	1.1x	Observed
Market cap	1691B	Observed
(R) to BTC	+1.00 by definition — BTC is the benchmark	Observed
1H / 4H LED	Both green — bull agreement is what carries this setup	Observed
AVOL	12%	Observed

The tier exception.

BTC and ETH are the only symbols taken without a tier. Their turnover relative to market cap sits below the 0.05 floor that gates the crypto tiers. On any other symbol, no tier means no trade.



BTCUSDT — green on both, one step out. Bull agreement carries this setup.

Confluence	This setup
1. ORB direction break	Break above the London OR high at 81,642.8.
2. Level taken	Prior resistance at 82,284 taken on the expansion candle.
3. C+ signal or better	None — permitted on BTC and ETH only.
4. 1H / 4H LED agreement	Bull agreement on both timeframes.
Verdict	3 of 4. Long, sized for the missing tier.



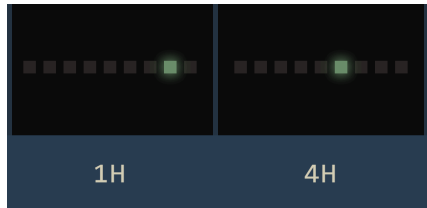
BTCUSDT 5m — London opening range, break at 81,642.8, stop 81,357.2 (−0.35%), first level 82,284 (+0.79%), extension +1.62%.

- **What is different** — the percentages are an order of magnitude smaller. A +1.62% move on BTC is the equivalent of a +11% move on ENA in risk terms.
- **Stop** — below the range low. On BTC that is 0.35%, which is why this setup carries size the alt setups cannot.

ONDOUSD Long setup

New York opening range rather than London. The range broke upward into 0.4423 (+2.20%) and faded back through the range — then, much later in the session, produced the real move on a single vertical expansion to +10.92%.

Konsole field	Reading	Source
Tier	C+ — enough to take the break, not enough to hold through the retrace	<i>Required</i>
RVOL	Above 1.0x on the break candle	<i>Required</i>
1H RVOL	Above 1.5x	<i>Required</i>
Session	New York — the tier rules only grant A+ and B+ inside this window	Observed
1H / 4H LED	Both green, off the tip	<i>Required</i>



ONDOUSD — 1H three steps out, 4H one. The hour well ahead of the day.

Confluence	This setup
1. ORB direction break	Break above the New York OR high at 0.4328.
2. Level taken	Support shelf at 0.4286 held beneath the range — the break had a floor under it.
3. C+ signal or better	C+ required.
4. 1H / 4H LED agreement	Bull agreement.
Verdict	3 of 4. Long — see the warning below.



ONDOUSD 5m — New York opening range. First push +2.20%, full retrace through the range, then the expansion to +10.92% later in the session.

The warning.

The first break did not hold. Price returned through the range and spent few hours below it before the real move. A stop under the range low would have been taken out before the +10.92%. This is the setup failing and then working — the reason the stop is not moved and the trade is not re-entered emotionally. The second entry is a separate decision with its own range and its own level.

QNTUSDT Long setup

The strongest long in this collection. The scan surfaced QNT at 34.33x RVOL against 34.64x 1H RVOL on a 2B market cap. The chart was opened only after that reading. The LEDs are the detail that keeps this a long: green on both timeframes with room still to travel. Had they been at the orange tip, this would not have been a long at all.

Konsole field	Reading	Source
Tier	B+	Observed
RVOL	34.33x — an order of magnitude beyond the B+ floor of 1.5x	Observed
1H RVOL	34.64x — the hour is as heavy as the moment	Observed
Market cap	2B	Observed
24h Turnover	0.70 — high turnover, approaching the 0.80 danger mark	Observed
EWMA	1.07% per 5m bar — the most volatile row on the scan	Observed
(R) to BTC	+0.07 — effectively uncorrelated. This is QNT, not the market.	Observed
1H LED	Green, three steps out — trending, not stretched	<i>Required</i>
4H LED	Green, two steps out — room left on the higher timeframe	<i>Required</i>



QNTUSDT long — green on both, three steps out on the 1H and two on the 4H. Trend agreement with room left. Neither strip is at the orange tip.

Confluence	This setup
1. ORB direction break	Break above the London OR high at 109.82.
2. Level taken	Resistance shelf taken on the break candle; prior day high directly above.
3. C+ signal or better	B+, with RVOL 34.33x and 1H RVOL 34.64x.
4. 1H / 4H LED agreement	Green on both, neither at the tip — agreement with room left to travel.
Verdict	4 of 4. Long.



QNTUSDT 5m — break at 109.82, stop 104.25 (−5.07%), target 124.13 (+13.04%). The arrow marks the break candle.

Held on the 15m, the same trade ran considerably further. The support band at 70 had been tested three times before the break — circled below — which is what gave the level its weight.



QNTUSDT 15m — the three circled tests of the 70 support band, then the break at 76.78 to 98.44 (+28.21%). Stop 71.96 (−6.28%).

- **Why this was the A setup** — all four confluences, and the tier was not marginal. RVOL and 1H RVOL both above 34x is participation far beyond the B+ floor.
- **(R) at +0.07** — the move was the name, not the market. A high RVOL with (R) near +1 is everyone being busy at once and is a weaker edge.
- **The LEDs** — green on both, with room left on each. This is what makes it a long. A long is taken while there is still distance to travel; once both strips reach the orange tip the move is extended and the setup is no longer a long at all — it is the short, as QNT itself shows two days later.

XMRUSDT Short setup

The stretched short. XMR ran from 570 to 637 in a single overnight expansion, printed a high, and failed. The trade is the failure of that high, not a guess at the top: entry below the break candle, stop above the high it failed at.

Konsole field	Reading	Source
Tier	C+ or better — the failure needs volume behind it	<i>Required</i>
RVOL	Elevated into the high, then the break candle on the largest bar of the move	<i>Required</i>
1H RVOL	Above 1.5x — the whole hour participated in the push	<i>Required</i>
Market cap	Large cap — XMR clears the no-low-cap-shorts filter	Observed
4H LED	Orange, bull side — the minimum requirement for any short	<i>Required</i>
1H LED	Orange, bull side — the preferred confirmation, present here	<i>Required</i>



XMRUSDT — orange tip on both. Nothing left to grow into on either timeframe, which is what the short is taken against.

Confluence	This setup
1. ORB direction break	Break down out of the range after the failed push to 637.26.
2. Level taken	The 570 support band below — the level the expansion left behind.
3. C+ signal or better	C+ or better.
4. 1H / 4H LED agreement	Extreme on the bull side. Stretched, which validates the short.
Verdict	4 of 4. Short. Large cap, so the market-cap filter passes.

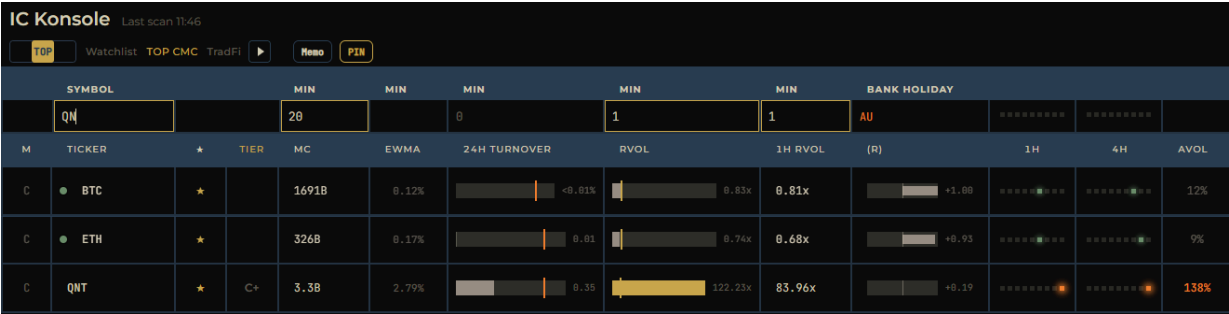


XMRUSD 15m — the failed high at 637.26 (arrow), short entry 618.40, stop 639.91 (+3.48%), target 569.62 (−7.89%) at the prior support band.

- **Entry** — on the break of the candle that fails at the high, not at the high itself.
- **Stop** — above the failed high (639.91, 3.48% of risk).
- **Target** — the support the expansion left behind at 569.62. Roughly 2.3R.
- **Why it qualified** — stretched on both timeframes, large cap, and the range broke downward from the extension. All three short conditions present.

QNTUSD Short setup

The same symbol as the A long, days later, on the other side. Every value below was captured at the time of entry.



Konsole at entry — QNT: C+ tier, 3.3B market cap, RVOL 122.23x, 1H RVOL 83.96x, 1H and 4H both orange, AVOL 138%. BTC and ETH flat beneath it.

Konsole field	Reading	Source
Tier	C+ — the floor, but read the bars not the badge	Observed

RVOL	122.23x — the moment running far ahead of the hour	Observed
1H RVOL	83.96x	Observed
Market cap	3.3B — clears the large-cap filter for shorts	Observed
24h Turnover	0.35 — high turnover, in play	Observed
EWMA	2.79% per 5m bar — extreme expected movement	Observed
(R) to BTC	+0.19 — the move is the name; BTC is flat at 0.83x RVOL	Observed
1H / 4H LED	Orange on both — extreme stretch	Observed
AVOL	138% — more than a full regular-hours day traded after the close	Observed

Confluence	This setup
1. ORB direction break	Break down out of the range at 274.91, after the 288.08 high failed.
2. Level taken	288.08 taken and rejected; the 240 shelf and then 200 sat below as targets.
3. C+ signal or better	C+, with RVOL at 122.23x behind it.
4. 1H / 4H LED agreement	Orange on both 1H and 4H, bull side — extreme stretch validates the short.
Verdict	4 of 4. Short. 3.3B clears the large-cap filter.



QNTUSD 5m — short entry 274.91, stop 288.08, target 149.06. The measured move marks 78.29 (28.47%). Price at the screenshot: 209.03.

- **The market-cap filter in practice** — at 3.3B QNT is shortable. The same chart on a 70m name is not taken, whatever the LEDs say.
- **The LEDs against the long** — on the long, both strips were green with room left. Here both are at the orange tip. Same symbol, same grid, opposite reading: the long is taken while there is distance left to travel, the short once there is none.

- **C+ is enough here** — the tier was only C+, but RVOL at 122.23x against 1H RVOL at 83.96x is the moment leading the hour by a wide margin.
- **AVOL 138%** — the after-hours session alone traded more than a full normal day. The crowd was already in before the break.

3. Summary

Setup	Side	Session	Tier	RVOL / 1H	1H / 4H	Risk	First target
ENAUUSD	Long	London	B+ (req)	req	Bull agree	−3.27%	+6.88% (ext +11.47%)
ENAUUSD (2)	Long	London	C+ (req)	req	Bull agree	−2.21%	+2.92% (ext +4.22%)
BTCUSD	Long	London	None	1.1x / 1.1x	Bull agree	−0.35%	+0.79% (ext +1.62%)
ONDOUSD	Long	New York	C+ (req)	req	Bull agree	−0.97%	+2.20% (ext +10.92%)
QNTUSD	Long	London	B+	34.33x / 34.64x	Green, room left	−5.07%	+13.04% (15m +28.21%)
XMRUSD	Short	London	C+ (req)	req	Extreme bull	+3.48%	−7.89%
QNTUSD	Short	London	C+	122.23x / 83.96x	Both orange	to 288.08	−28.47% measured

(req) marks a value the setup requires but that was not captured at the time. See “How to read the Konsole tables” in section 1.

What separates the A setups

- All four confluences present, not three.
- The tier is not marginal — RVOL and 1H RVOL well clear of the threshold, not sitting on it.
- Low (R) to BTC — the move belongs to the name, not to the whole market.
- The level the break takes has been tested more than once beforehand.
- For shorts: large cap, 4H orange at minimum, 1H orange as well.